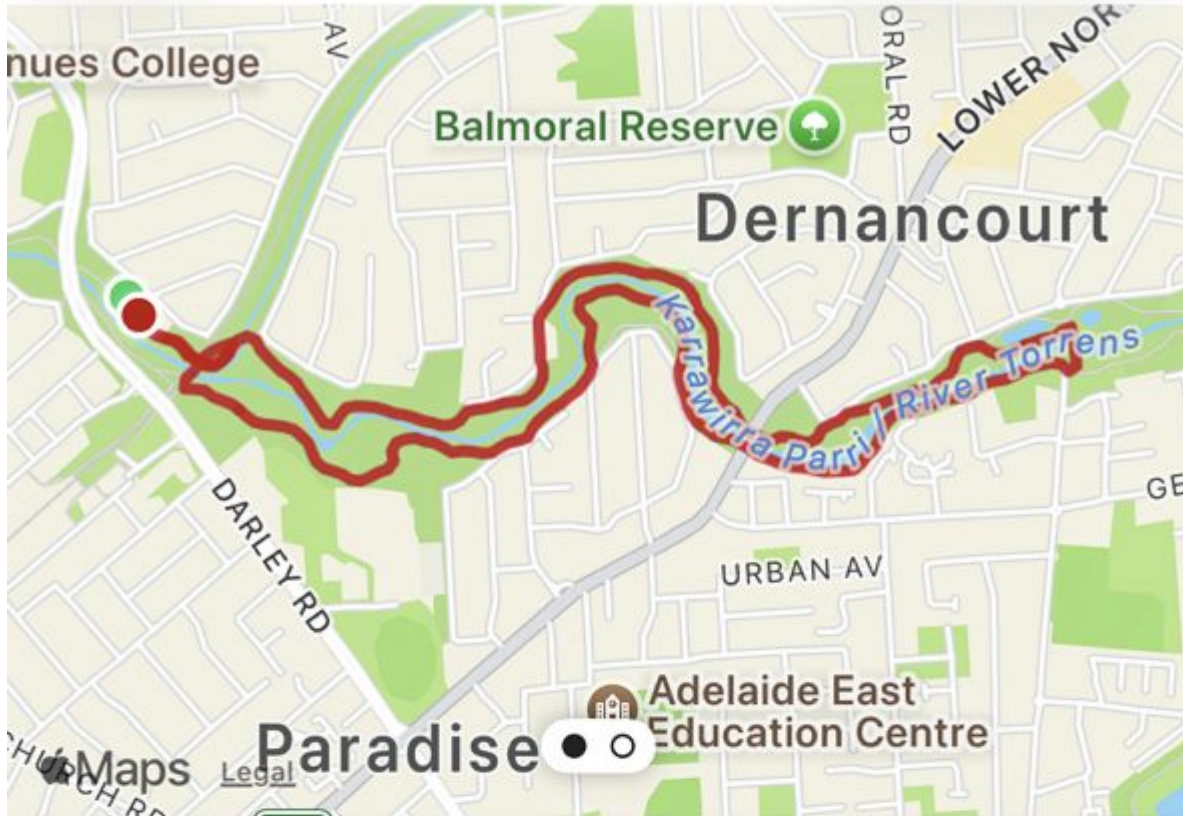


3:16



Plan Friday Walk for 10/4/265.72km Walk

Saturday 4 Apr at 10:09 am

SUMMARY

5.72

Distance (km)

1:23:40

Duration

14:38

Avg Pace

8.5K

Steps

3:17 ↗



SPLITS



2

3

4

5

5.72

26:17

43:37

57:09

1:12:47

1:23:40

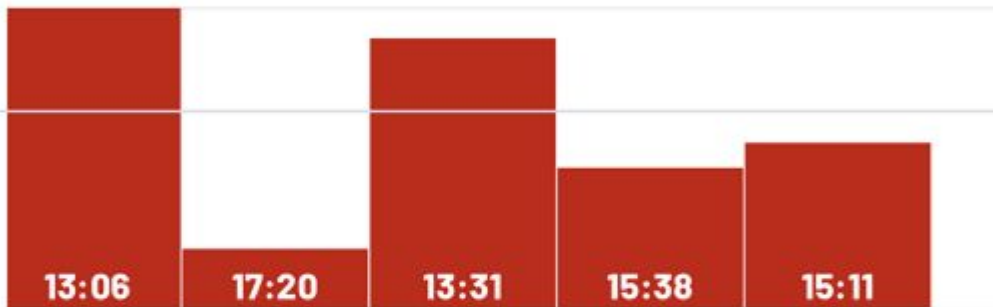
PACE (MIN/KM)

13:06

14:38

avg

18:51



CADENCE

114

112

114

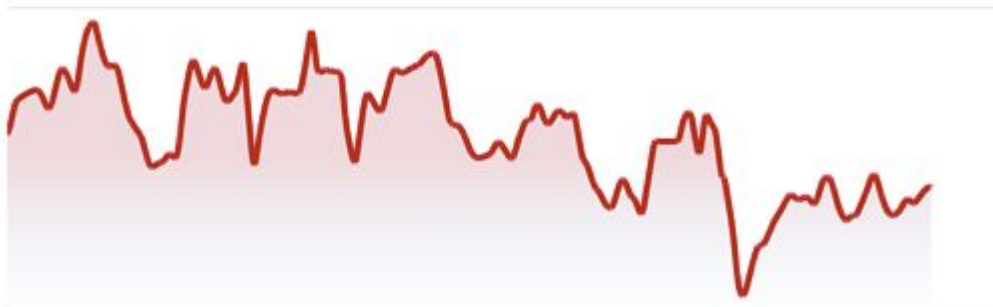
112

112

ELEVATION (M)

73.4

61.2



View All Data



WEATHER

3:19



NORMAL

HYBRID

SATELLITE

