

**Friday Walkers Adelaide.**  
**Walk Planning Guidelines.**  
<https://fridaywalkers.ddns.net>



- Walk planning is a voluntary activity for either one, or a group of walkers to undertake.
- Indicate your willingness to plan a walk and have your name(s) and chosen date included in the “Walk Planning” schedule on our website by advising [Frank](#) of details.
- **Walk duration** to be between 2 and 2.5 hours
  - we tend to average (with stops) a little over 3Km per hour (depending on terrain), so 6 to 8Km is a good target.
  - Consideration should also be given to a “**Short Walk**” option, should the planned walk be difficult (much climbing, very uneven surfaces). A leader for the Short Walk option needs to be announced and they should be fully conversant with the shorter walk and have the Leader’s mobile number.
- Walking commences at 10:00 am.
- The **meeting location** needs to be advertised on the website a minimum of 2 weeks prior to the walk.
  - Email details to [Frank](#) for inclusion on the website’s “Next Walks” page.
  - Details required: Date, Address, UBD reference. Leader(s) name.
  - Frank will include the map.
  - Ample parking at the meeting location for approximately 20 vehicles.
- Leader to arrange for a **Back Marker** and announce their name at the beginning of the walk.
  - Leader and Back Marker to have each other’s mobile phone numbers.
- Walks cancelled for any reason (eg Hot Weather) will be re-scheduled at an agreed date.